



FOR IMMEDIATE RELEASE

Thursday, April 13, 2023

## **Wildwood Crest to host fifth annual Mayor's Wellness Walk April 29**

WILDWOOD CREST – The Borough of Wildwood Crest will host its fifth annual Mayor's Wellness Walk on Saturday, April 29, at 8:30 a.m. This family walk is part of Wildwood Crest's efforts in the statewide Mayors Wellness Campaign.

Wildwood Crest mayor Don Cabrera, other local officials and members of the borough's Wellness Committee are expected to take part in the event, which will be held along the Wildwood Crest bike path. The walk is free and open to the public. Those interested should gather in the parking lot of the Crest Pier Recreation Center (5800 Ocean Avenue) no later than 8:15 a.m. Free T-shirts will be distributed to the first 100 registrants.

"The annual wellness walk has developed into a tremendous event in Wildwood Crest," Cabrera said. "We hope our residents and visitors will join us for a fun morning as we continue to promote health and wellness throughout our community."

For more information about the Wildwood Crest Mayor's Wellness Walk, contact the Wildwood Crest Recreation Department at (609) 523-0202.

-- 30 --