

# WILDWOOD CREST

OUTDOOR FITNESS CLASSES

2022



## BEACH PIER FITNESS CLASSES

*(BEACH PIER AT HEATHER RD. BEACH ENTRANCE)*

**MONDAY THROUGH SATURDAY - 8:30AM  
JUNE 27–AUG. 27**

**MONDAY - YOGALATES**

**TUESDAY - YOGA**

**WEDNESDAY - INTERVAL TRAINING**

**THURSDAY - INTERVAL TRAINING**

**FRIDAY - PILATES**

**SATURDAY - INTERVAL TRAINING**

**\$5 PER PERSON OR 20 CLASSES FOR \$80  
NO PRE-REGISTRATION NECESSARY**

**FOR MORE INFO:  
WWW.WILDWOODCREST.ORG  
609-523-0202**

# WILDWOOD CREST

## OUTDOOR FITNESS CLASSES

### 2022



## OUTDOOR ZUMBA - 8:30 AM

AT CENTENNIAL PARK (*Fern Rd. & Ocean Ave.*)

### SATURDAYS

MAY 28-SEPT. 24 (NO CLASS 6/18)

### MONDAYS

JUNE 20-SEPT. 5 (ALSO CLASS 5/30)

### TUESDAYS

JUNE 21-AUG. 30

### THURSDAYS

JUNE 23-SEPT. 1

## SUNSET YOGA - 7 PM

(*Miami Rd. & New Jersey Ave.*)

### TUESDAYS & WEDNESDAYS

JUNE 28-AUG. 31

**\$5 PER PERSON OR 20 CLASSES FOR \$80**  
**NO PRE-REGISTRATION NECESSARY**