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For Immediate Release

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As Cases of COVID-19 Continue to Rise, Community Actions May be Helping to Limit the Spread

The COVID-19 outbreak in New Jersey continues to rise with 64,584 positives and 2,443 deaths. Cape May County is ongoing, reporting 167 positive cases and 8 deaths including a 77-year-old female who was a resident at Victoria Manor in Lower Township.

<u>MUNICIPALITY</u>	<u>ACTIVE CASES</u>	<u>OFF QUARANTINE</u>	<u>DEATHS</u>
AVALON	4	2	
CAPE MAY CITY	1	2	
CAPE MAY POINT	0		
DENNIS TOWNSHIP	6		1
LOWER TOWNSHIP	54	2	6
MIDDLE TOWNSHIP	33	3	
NORTH WILDWOOD	3	1	
OCEAN CITY	11	2	
SEA ISLE CITY	1	1	
STONE HARBOR	0		
UPPER TOWNSHIP	10	1	1
WEST CAPE MAY	2		
WEST WILDWOOD	1		
WILDWOOD	8	1	
WILDWOOD CREST	8		
WOODBINE	2		
TOTAL ACTIVE	144		
TOTAL RECOVERED		15	
TOTAL DECEASED			8
TOTAL CASES IN CAPE MAY COUNTY	167		

It's critically important that we continue to stay home and limit our contact with others," said Kevin Thomas, Cape May County Health Officer. "Some initial indications suggest that these types of community mitigations are having a positive impact on decreasing the spread of disease."

The virus is thought to spread mainly from person-to person. COVID-19 can spread through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. It can spread between people who are in close contact with one another, within about 6 feet. The best way to prevent illness is to avoid being exposed to this virus. Since COVID-19 spreads easily from person-to-person it is important to do the following:

- Avoid **close contact** with people who are sick.
- Put **distance between yourself and other people**.
- Stay Home, unless you need to leave to get essential supplies.

Stay up to date on the current situation as it evolves. Some reliable sources are New Jersey Poison Information and Education System hotline at 1-800-222-1222, the Centers for Disease Control and Prevention at www.cdc.gov, the World Health Organization at www.who.int, the New Jersey Department of Health at www.nj.gov/health . **For additional information** visit Cape May County Department of Health at www.cmchealth.net, also like us on Facebook.

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