

JEFFERY PIERSON  
Freeholder

KEVIN L. THOMAS, M.A.  
Health Officer  
Public Health Coordinator

ALOYSIUS ONWUKA, M.D.  
Medical Director

# CAPE MAY COUNTY DEPARTMENT of HEALTH

4 Moore Road  
Cape May Court House, N.J. 08210-1601  
(609)465-1200 after hours (609) 465-1190  
Fax: (609) 463-0511

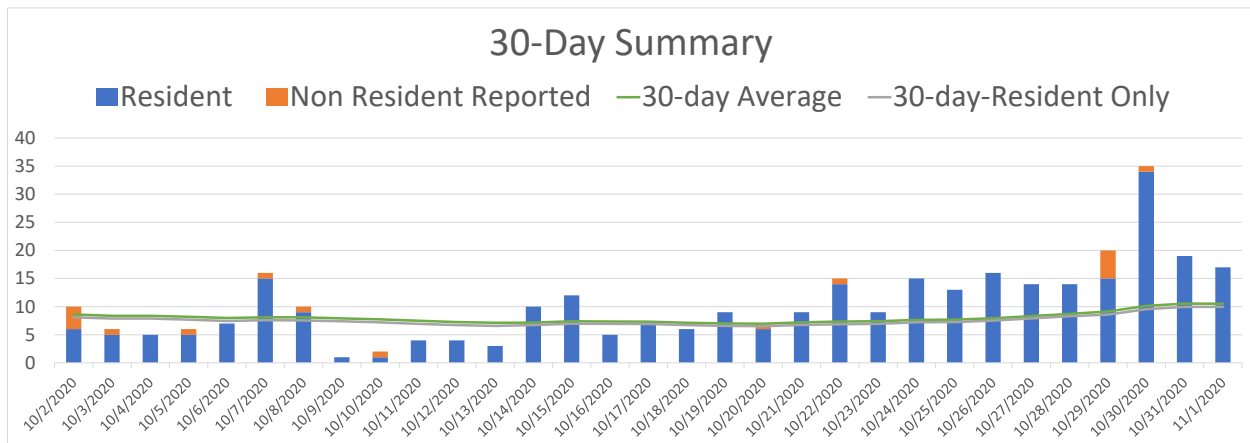


## FOR IMMEDIATE RELEASE: November 1, 2020

Cape May Court House- The County of Cape May Department of Health is reporting 17 new positive cases among County residents.

Total positive cases of COVID-19 infection in Cape May County is now 1678 including 94 deaths.

Municipality	Resident Active Cases	Community Reported 11/01/2020	Off Quarantine	Community Fatalities	Non Resident Active Cases	Non Resident Reported 11/01/2020	Long-Term Care Active Cases	Long-Term Care Reported 11/01/2020	Long-term Care Off-Quarantine	Long-Term Care Fatalities	County Total Cases
AVALON	0	0	23	0	0	0	0	0	0	0	23
CAPE MAY CITY	2	0	37	2	0	0	0	0	0	0	41
CAPE MAY POINT	0	0	1	0	0	0	0	0	0	0	1
DENNIS TOWNSHIP	5	0	70	3	0	0	8	0	40	8	134
LOWER TOWNSHIP	43	5	226	10	0	0	0	0	72	33	384
MIDDLE TOWNSHIP	32	4	261	3	0	0	0	0	28	10	334
NORTH WILDWOOD	18	0	65	3	4	0	0	0	0	0	86
OCEAN CITY	37	2	115	1	0	0	0	0	5	2	160
SEA ISLE CITY	3	0	28	2	1	0	0	0	0	0	33
STONE HARBOR	1	0	9	0	0	0	0	0	0	0	10
UPPER TOWNSHIP	30	5	169	3	0	0	0	0	0	0	202
WEST CAPE MAY	0	0	9	0	0	0	0	0	0	0	9
WEST WILDWOOD	2	0	9	0	1	0	0	0	0	0	11
WILDWOOD	3	0	80	2	1	0	0	0	0	0	85
WILDWOOD CREST	4	1	31	0	0	0	0	0	0	0	35
WOODBINE	0	0	73	3	0	0	0	0	45	9	130
<b>Total</b>	<b>180</b>	<b>17</b>	<b>1206</b>	<b>32</b>	<b>7</b>	<b>0</b>	<b>8</b>	<b>0</b>	<b>190</b>	<b>62</b>	<b>1678</b>



## Should I wear a mask to stop the spread of COVID-19?

Always wear a mask over your nose and mouth in public spaces. Even if you don't feel sick, germs can spread to others through respiratory droplets produced by breathing, talking, sneezing, and coughing.

## **In New Jersey, individuals *must* wear face coverings:**

- **in outdoor public spaces** when social distancing is not possible;
- **in indoor spaces open to the public**, including retail, recreational, and entertainment businesses, government buildings open to the public, and on public transportation; and
- **in indoor commercial spaces closed to the public, including office buildings**, when individuals are in prolonged proximity to others.

There are exceptions for children under two years old, for eating and drinking at outdoor dining establishments, when individuals need to briefly remove face coverings for religious reasons, and when wearing a mask would endanger one's health, including when engaging high intensity aerobic/anaerobic activities and when in water. The outdoor face covering requirement does not apply to child care centers, other center care facilities, and youth summer camps, which must follow their own specific guidance.

## **How Face Coverings Save Lives**

COVID-19 spreads mainly among people who are in close contact with one another (within about 6 feet), so the use of cloth face coverings is particularly important in settings where people are close to each other or where social distancing is difficult to maintain.

Wearing a face covering or mask has been shown to dramatically decrease the release of droplets from people's mouths, which can carry infectious particles. Studies have demonstrated that masks are an important barrier to transmission of respiratory viruses.

Wearing a simple cloth face covering is not a replacement for social distancing. Keep six feet between yourself and others whenever possible and avoid crowded areas. Face coverings, social distancing, staying home when you're sick, and good hand hygiene are all vital tools in the fight against COVID-19.

## **Cloth Face Coverings vs Surgical Masks**

The cloth face coverings recommended are **not** surgical masks. They are not medical grade N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other first responders who are caring for the sick. If you have these products in your home, we ask that you donate them to the COVID-19 effort through this website.

Cloth face coverings can be made at home from common materials like scarves or bandanas. A simple cloth face covering should cover the nose and mouth.

Cloth face coverings are **not recommended** for children under 2 years, people who are incapacitated, people who have difficulty breathing, or any other person who cannot easily remove their own mask.

## **How To Wear A Face Covering or Mask Correctly**

- Make sure you can breathe through it
- Your nose and mouth should be covered
- Face coverings should not be placed on children under 2 years old or people who have trouble breathing

## **Maintain Healthy Habits**

- Wash the face covering after use
- Avoid contact with sick people
- Wash hands often with soap and water; use hand sanitizer with at least 60% alcohol if soap and water aren't available

## **Keep Social Distancing**

- Face coverings/masks do not replace social distancing
- You may be sick (carrying germs) and not even know
- Face coverings + social distancing = less community spread of disease

Stay up to date on the current situation as it evolves. Some reliable sources are New Jersey Poison Information and Education System Hotline at 211 or 1-800-962-1253, Centers for Disease Control and Prevention at [www.cdc.gov](http://www.cdc.gov), World Health Organization at [www.who.int](http://www.who.int), New Jersey Department of Health at [COVID19.nj.gov](http://COVID19.nj.gov). For additional information visit Cape May County Department of Health at [www.cmchealth.net](http://www.cmchealth.net) and also like us on Facebook.

---