

Wildwood Crest Recreation Department

November 2022 Activities

RECREATION PROGRAMS:

Adult Fitness: Aerobics/strength training program designed for older adults ... Mondays, Tuesdays and Thursdays at 10 am ... \$5 per class or 20 classes for \$80 ... no classes Tuesday 11/15 and Thursday 11/24

Walking Wednesdays: Wednesdays at 9 am ... Free 30-minute walking/light aerobics class for all ages ... no class Wednesday 11/16

Aqua Flow/Water Aerobics (at Von Savage Pool): Tuesday and Thursday at 2:30 pm ... \$5 per class or 20 classes for \$80 ... no class Thursday 11/24

Pier Walking: Monday through Friday 8:30 am-3 pm
Adult Pickleball: Monday, Tuesday & Thursday, 11:15 am-3 pm; Wednesday, 10:15 am-3 pm; Friday, 9 am-3 pm

Crest Pier Holiday Schedule

Friday, Nov. 11 (Veterans' Day): Regular schedule
Thursday, Nov. 24 (Thanksgiving Day): All ages open rec & fitness room 10 am-1 pm
Friday, Nov. 29: All ages open rec & fitness room 9 am-7 pm

Scoop Taylor Tip-Off Classic

Thursday, Dec. 8 through Sunday, Dec. 18
South Jersey's largest grammar school basketball tournament, featuring boys and girls teams from grades 3-8... schedule TBA ... Daily admission \$3 for adults, \$2 for children

MEETINGS

Civic Club: Monday, Nov. 7 at 1 pm
AARP: Thursday, Nov. 10 at 11 am
Book Club: Tuesday, Nov. 15 at 12 noon
Tourism Commission: Thursday, Nov. 16 at 4 pm
Recreation Commission: Thursday, Nov. 16 at 5 pm

OPEN REC SCHEDULE

Monday-Friday: 3-6 pm grades 1-8; 6-9 pm HS/adults
Saturday: 11 am-2 pm grades 1-8; 2-5 pm high school/adults (Island residents only)

Sunday: 12-5 pm – Family open rec; Crest residents only; all children must be accompanied by an adult

Note – Wed.-Fri., Nov. 9-11 (school holidays): 12 noon-6 pm grades 1-8; 6-9 pm high school/adult (Pier closes 6 pm on Friday 11/11)

NOTE: schedule subject to change due to team practices and other special events and activities

Mayor's Wellness Campaign Events

MEDITATION MONDAYS

Online holistic health series ... short videos featuring mediation through breathing techniques, music, nature, yoga and more posted to the Wildwood Crest Mayor's Wellness Campaign Facebook page each Monday beginning Nov. 7

HEALTH & WELLNESS LECTURE

Wednesday, November 16 at 6 pm at Crest Pier
FREE wellness lecture on colorectal cancer prevention by Dr. Valerie P. Bauer ... no registration necessary ... light refreshments will be served

Wildwood Islanders Basketball

Teams for boys in grades 3-4, 5-6, 7-8 teams play in South Shore Basketball League and compete in tournaments ... tryouts held in early November ... open to island residents only ... call 609-523-0202 for more info (for info on South Shore girls basketball, call North Wildwood Recreation at 609-522-2955)

CREST PIER FITNESS ROOM

Open to Crest residents only, ages 18 and older. FREE!
Monday-Friday: 8:30 am-8 pm **Saturday:** 9 am-4 pm
Sunday: 12-4:30 pm

Crest Pier 523-0202

Von Savage Pool 522-0084