# Wildwood Crest Recreation Department November 2019 Activities

#### **RECREATION PROGRAMS:**

**Tumbling/Gymnastics:** Open to boys and girls in grades Pre-K through 1 ... classes held Tuesday afternoons through Nov. 26 ... Fee \$50 for 8 sessions ... new session begins in January

Adult Fitness: Aerobics/strength training program designed for older adults ... Mondays, Tuesdays and Thursdays at 10 am ... \$5 per class or 20 classes for \$80 ... No classes Nov. 5, Nov. 11 and Nov. 28

Weight Training: Low-impact strength training and light cardio training class designed for older adults ...
Wednesdays at 10 am ... \$5 per class or 20 classes for \$80

**Zumba:** Saturdays at 9 am ... class open to ages 15 and up ... \$5 per class or 20 classes for \$80

**Adult Yoga:** Saturdays at 8 am ... class open to all levels, from beginner to advanced ... \$5 per class or 20 classes for \$80

#### Agua Flow/Water Aerobics (at Von Savage Pool):

Mondays, Wednesdays and Fridays at 9:30 am ... \$5 per class or 20 classes for \$80 ... no class Nov. 11, no class Nov. 29

**Adult Mahjong:** Mondays at 12 noon **Adult Cards:** Tuesdays at 10 am

**Pier Walking:** Monday through Friday 9:30 am-3 pm **Adult Pickleball:** Monday through Friday 9:30 am-3 pm

# Crest Pier Holiday Schedule

Tuesday, Nov. 5 (Election Day): Gymnasium CLOSED; fitness room and Pantalone Game Room open Monday, Nov. 11 (Veterans' Day): Regular schedule Thursday, Nov. 28 (Thanksgiving Day): CLOSED Friday, Nov. 29: Saturday open rec schedule, office open 9:30 am-5 pm, fitness room open 9:30 am-4 pm

# \$coop Taylor Tip-Off Classic

Thursday, Dec. 5 through Sunday, Dec. 15
South Jersey's largest grammar school basketball
tournament, featuring boys and girls teams ... schedule
TBA ... Daily admission \$3 for adults, \$2 for children

#### **MEETINGS**

AARP: Thursday, Nov. 14 at 11 am

**Tourism Commission:** Thursday, Nov. 14 at 4 pm **Recreation Commission:** Thursday, Nov. 14 at 5 pm

Book Club: Tuesday, Nov. 19 at 12 noon

### Youth Winter Basketball Leagues

Coed recreation leagues for boys and girls in grades 3-5 and grades 6-8 (Island school students only) ... games to be played Sundays and holidays in January & February ... registration forms available ... fee \$30 per player

#### OPEN REC \$CHEDULE

**Monday-Friday:** 3-6 pm grades 1-8; 6-9 pm HS/adults **Saturday:** 11 am-2 pm grades 1-8; 2-5 pm high

school/adults (Island residents only)

**Sunday (begins Nov. 17):** 11 am-4 pm – Family open rec; Crest residents only; all children must be accompanied by an adult

Note – Wed.-Fri., Nov. 6-8 (school holidays): 12 noon-6 pm grades 1-8; 6-9 pm high school/adult.

#### Financial Wellness Lecture Series

WED., NOV. 13: Work, Life & Money WED., NOV. 20: A Smart Investment In Your Future

Lectures begin 6 pm ... light refreshments served ... no pre-registration necessary ... 523-0202 for more info

## **CREST PIER FITNESS ROOM**

Open to Crest residents only, ages 18 and older. FREE! Monday-Friday: 9:30 am-8 pm Saturday: 9 am-4 pm Sunday (beginning Nov. 18): 11 am-4 pm

Crest Pier 523-0202; V\$ Pool 522-0084