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**FOR IMMEDIATE RELEASE: May 22, 2020**

Cape May Court House- New Jersey has 152,719 total COVID-19 positive cases and 10,985 deaths. Total positive cases of COVID-19 infection in Cape May County is now 562 including 47 deaths. Sadly, the County Health Department reports a 92-year-old male from Woodbine and an 85-year-old female from Ocean City, passed away today from COVID-19.

“With deepest sympathy as we remember these Cape May County residents,” said Cape May County Freeholder Jeff Pierson. “Please know that our thoughts are with the families and friends during this time of healing.”

<u>MUNICIPALITY</u>	<u>ACTIVE CASES</u>	<u>REPORTED TODAY</u>	<u>OFF QUARANTINE</u>	<u>DEATHS</u>	<u>LONG TERM CARE ACTIVE CASES</u>	<u>LONG TERM CARE OFF QUARANTINE</u>	<u>LONG TERM CARE CENTER DEATHS</u>
AVALON	0		7				
CAPE MAY CITY	2		4				
CAPE MAY POINT	0						
DENNIS TOWNSHIP	7	1	15	1	26		3
LOWER TOWNSHIP	19	3	63	3	53	20	26
MIDDLE TOWNSHIP	26	1	63	2	1	4	
NORTH WILDWOOD	3		9				
OCEAN CITY	8		25		1	1	1
SEA ISLE CITY	0		2				
STONE HARBOR	1						
UPPER TOWNSHIP	23		35	2			
WEST CAPE MAY	1		2				
WEST WILDWOOD	1		3				
WILDWOOD	2	1	30				
WILDWOOD CREST	4		9				
WOODBINE	6	2	9	2	30		7
<b>TOTAL ACTIVE</b>	<b>103</b>				<b>111</b>		
<b>TOTAL RECOVERED</b>			<b>276</b>			<b>25</b>	
<b>TOTAL DECEASED</b>				<b>10</b>			<b>37</b>
<b>TOTAL CASES IN CAPE MAY COUNTY</b>	<b>562</b>						

It is important to continue taking care of your health and wellness. If you have a chronic health problem, you may be at higher risk for severe illness from COVID-19. Below are some things you can do to take care of your health during this time.

- **Continue your medications**, and do not change your treatment plan without talking to your healthcare provider.
- **Continue to manage your disease** the way your healthcare provider has told you.
- **Have at least a 2-week supply** of all prescription and non-prescription medications. Talk to your healthcare provider, insurer, and pharmacist about getting an extra supply of prescription medications, if possible, to reduce trips to the pharmacy.
- **Talk to your healthcare provider about whether your vaccinations are up-to-date.** People aged 65 years or older, and those with some underlying medical conditions, are recommended to receive vaccinations against influenza and pneumococcal disease as soon as your provider tells you that can.
- **Call your healthcare provider**
  - **If you have any concerns** about your medical conditions, or if you get sick.
  - **To find out about different ways you can connect with your healthcare provider for chronic disease** management or other conditions. Ask about phone calls, video appointments, use of the patient portal, emails and mailings.
- **Do not delay getting emergency care for your health problems or any health condition that requires immediate attention.**
  - If you need emergency help, call 911.
  - Emergency departments have infection prevention plans to protect you from getting COVID-19 if you need care for your medical condition.
- **Continue** to practice everyday prevention: wash your hands often, keep space between yourself and others, cover your mouth and nose with a cloth face cover when around other people, cover coughs and sneezes, and clean and disinfect frequently touched surfaces often.

**Call your healthcare professional if you have concerns** about COVID-19 and your underlying health conditions. Stay up to date on the current situation as it evolves. Some reliable sources are New Jersey Poison Information and Education System hotline at 211 or 1-800-962-1253, the Centers for Disease Control and Prevention at [www.cdc.gov](http://www.cdc.gov), the World Health Organization at [www.who.int](http://www.who.int), the New Jersey Department of Health at [COVID19.nj.gov](http://COVID19.nj.gov). **For additional information** visit <https://capemaycountynj.gov/> or Cape May County Department of Health at [www.cmchealth.net](http://www.cmchealth.net), also like us on Facebook.

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