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Cape May Court House- The number of COVID-19 cases in New Jersey is 140,743 and 9,508 deaths. Cape May County's total has increased by 9 cases, making a total of 479 cases in the County. In total, 36 Cape May County residents have passed away due to complications from COVID-19. The most recent passing involves a 73-year-old female, as well as an 80-year-old female both from Lower Township.

"Our hearts are heavy with the loss of these two additional individuals to COVID-19. Our thoughts and prayers are with the families during this difficult time," said Cape May County Freeholder Director Gerald M. Thornton. "I continue to urge all residents to protect their health and the health of others, especially older individuals and those with chronic health conditions who are most at risk. We all have a role to play in limiting the spread of this virus."

<u>MUNICIPALITY</u>	<u>ACTIVE CASES</u>	<u>REPORTED TODAY</u>	<u>OFF QUARANTINE</u>	<u>DEATHS</u>	<u>LONG TERM CARE ACTIVE CASES</u>	<u>LONG TERM CARE CENTER DEATHS</u>
AVALON	1		6			
CAPE MAY CITY	1		3			
CAPE MAY POINT	0					
DENNIS TOWNSHIP	7	1	11	1	26	2
LOWER TOWNSHIP	21	3	48	3	66	22
MIDDLE TOWNSHIP	29	3	43	2	4	
NORTH WILDWOOD	3		6			
OCEAN CITY	10	1	20		1	
SEA ISLE CITY	0		2			
STONE HARBOR	0					
UPPER TOWNSHIP	20		29	2		
WEST CAPE MAY	2	1	1			
WEST WILDWOOD	2		1			
WILDWOOD	12		18			
WILDWOOD CREST	2		8			
WOODBINE	8		3	1	29	3
<b>TOTAL ACTIVE</b>	<b>118</b>				<b>126</b>	
<b>TOTAL RECOVERED</b>			<b>199</b>			
<b>TOTAL DECEASED</b>				<b>9</b>		<b>27</b>
<b>TOTAL CASES IN CAPE MAY COUNTY</b>	<b>479</b>					

Older adults and people with chronic health conditions, such as diabetes, heart disease and lung ailments, are more likely than younger, healthier people to experience serious symptoms from the illness caused by the coronavirus (COVID-19). The immune system grows weaker as one ages, which makes it more challenging for older adults to fight off infectious diseases. Chronic diseases are more common with age, can compromise the immune system, and make people more vulnerable to serious complications. In addition, many individuals with disabilities and chronic health conditions and many seniors, rely on in-home care, making physical distancing challenging for them, their loved ones and their caregivers. Individuals in nursing homes and long-term care facilities are at a particularly heightened level of risk for severe illness as a result of COVID-19.

Cape May County Department of Health recommends additional measures to prevent exposure among vulnerable people, including the elderly and those with underlying health conditions (such as diabetes, cancer, immunodeficiency, asthma, COPD and others). The department recommends that residents, especially those who are vulnerable:

- Stay home except for essential tasks. Ensure you have a two-week supply of medication on hand.
- When engaging in essential tasks away from home, remain 6 feet away from others and wear a facial covering.
- Wash your hands with soap and water regularly.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Keep surfaces clean by wiping them down with a household disinfectant,

**Call your healthcare professional if you have concerns** about COVID-19 and your underlying health conditions. Stay up to date on the current situation as it evolves. Some reliable sources are New Jersey Poison Information and Education System hotline at 211 or 1-800-962-1253, the Centers for Disease Control and Prevention at [www.cdc.gov](http://www.cdc.gov), the World Health Organization at [www.who.int](http://www.who.int), the New Jersey Department of Health at [COVID19.nj.gov](http://COVID19.nj.gov). **For additional information** visit <https://capemaycountynj.gov/> or Cape May County Department of Health at [www.cmchealth.net](http://www.cmchealth.net), also like us on Facebook.

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