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Freeholder

# CAPE MAY COUNTY DEPARTMENT of HEALTH



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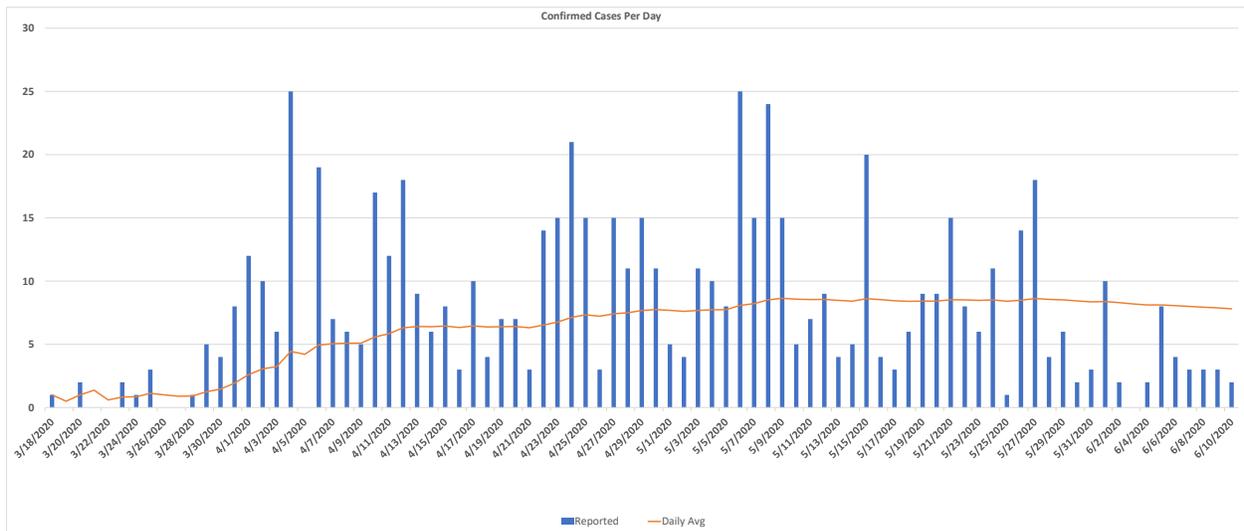
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**FOR IMMEDIATE RELEASE: June 10, 2020**

Cape May Court House- New Jersey has 165,346 total COVID-19 positive cases and 12,377 deaths. Total positive cases of COVID-19 infection in Cape May County is now 664 including 53 deaths.

Municipality	Community Active Cases	Community Reported 06/10/2020	Off Quarantine	Community Fatalities	Long-Term Care Active Cases	Long-Term Care Reported 06/10/2020	Long-term Care Off-Quarantine	Long-Term Care Fatalities	County Total Cases
AVALON	0	0	7	0	0	0	0	0	7
CAPE MAY CITY	5	0	4	0	0	0	0	0	9
CAPE MAY POINT	0	0	0	0	0	0	0	0	0
DENNIS TOWNSHIP	7	0	18	2	14	0	20	3	64
LOWER TOWNSHIP	26	0	74	3	14	0	62	27	206
MIDDLE TOWNSHIP	28	1	78	3	13	0	4	1	127
NORTH WILDWOOD	8	0	11	0	0	0	0	0	19
OCEAN CITY	7	0	31	1	2	0	1	1	43
SEA ISLE CITY	0	0	3	0	0	0	0	0	3
STONE HARBOR	0	0	1	0	0	0	0	0	1
UPPER TOWNSHIP	10	0	53	2	0	0	0	0	65
WEST CAPE MAY	0	0	3	1	0	0	0	0	4
WEST WILDWOOD	4	0	3	0	0	0	0	0	7
WILDWOOD	8	1	30	0	0	0	0	0	38
WILDWOOD CREST	3	0	11	0	0	0	0	0	14
WOODBINE	3	0	14	2	24	0	7	7	57
<b>Total</b>	<b>109</b>	<b>2</b>	<b>341</b>	<b>14</b>	<b>67</b>	<b>0</b>	<b>94</b>	<b>39</b>	<b>664</b>



## **Protecting yourself while living in shared housing**

Shared or congregate housing includes apartments, condominiums, student or faculty housing, national and state park staff housing, transitional housing, and domestic violence and abuse shelters.

Shared housing residents often gather together closely for social, leisure, and recreational activities, shared dining, laundry facilities, stairwells, and elevators and may have challenges with social distancing to prevent the spread of COVID-19.

### **Protect yourself**

- Social distance by staying at least 6 feet apart from others that you do not live with.
- Wear cloth face coverings in any shared spaces, not including your room.
- Seek out a “buddy” in the facility who will check on you and make sure you are getting basic necessities, including food and household essentials.
- **Everyday preventative actions everyone should take.**

### **People at-risk**

- Keep up-to-date lists of medical conditions and medications, and periodically check to ensure you have a sufficient supply of your prescription and over-the-counter medications.
- Contact your healthcare provider to ask about getting extra necessary medications to have on hand for a longer period of time, or to consider using a mail-order option for medications.
- Be aware of serious symptoms of if you have underlying conditions, of COVID-19 symptoms, and know who to ask for help or when to call 911.
- **Extra steps to take if you are at-risk.**

### **Know where to get information**

- Make sure you know how your facility is going to communicate COVID-19 information to you; email, websites, hotlines, automated text messaging, newsletters, and flyers to help communicate information on.

## **The facility**

- COVID-19 prevention supplies should be provided in common areas, such as soap, alcohol-based hand sanitizers that contain at least 60% alcohol, tissues, trash baskets, and, if possible, cloth face coverings that are washed or discarded after each use.
- Non-essential volunteers and visitors in shared areas should be limited or avoided.
- Staff should avoid entering residents' rooms or living quarters unless it is necessary. Staff should use virtual communications and check ins (phone or video chat), as appropriate.

## **Common spaces**

Be flexible, rules may change in common areas. Maintain 6 feet of social (physical) distance between yourself and everyone that you do not live with. This may mean there will be alternatives to activities, cancelled activities, or closed areas. If you see people in areas that are small, like stairwells and elevators, consider going one at a time. Here are some examples of how the rules in common spaces may change:

### **Shared kitchens, dining rooms, laundry rooms, bathrooms**

- Access should be available, but the number of people should be restricted so that everyone can stay at least 6 feet apart from one another.
- People who are sick, their roommates, and those who have higher risk of severe illness from COVID-19 should eat or be fed in their room, if possible.
- Do not share dishes, drinking glasses, cups, or eating utensils. Non-disposable food service items used should be handled with gloves and washed with dish soap and hot water or in a dishwasher.
- Guidelines for doing laundry such as washing instructions and handling of dirty laundry should be posted.
- Sinks could be an infection source and should avoid placing toothbrushes directly on counter surfaces. Totes can be used for personal items so they do not touch the bathroom countertop.

### **Recreational areas such as activity rooms, exercise rooms, pools, and hot tubs**

- Consider closing or restricting the number of people allowed in at one time to ensure everyone can stay at least 6 feet apart, except for essential activities only, such as water therapy.

**Call your healthcare professional if you have concerns** about COVID-19 and your underlying health conditions. Stay up to date on the current situation as it evolves. Some reliable sources are New Jersey Poison Information and Education System hotline at 211 or 1-800-962-1253, the Centers for Disease Control and Prevention at [www.cdc.gov](http://www.cdc.gov), the World Health Organization at [www.who.int](http://www.who.int), the New Jersey Department of Health at [COVID19.nj.gov](http://COVID19.nj.gov). **For additional information** visit <https://capemaycountynj.gov/> or Cape May County Department of Health at [www.cmchealth.net](http://www.cmchealth.net), also like us on Facebook.