

Wildwood Crest Recreation Department

June 2019 Activities

RECREATION PROGRAMS:

Adult Fitness: Aerobics/strength training program designed for men and women ages 50 and older ... Mondays, Tuesdays and Thursdays at 10:30 am ... \$5 per class or 20 classes for \$80 ... last class June 13

Weight Training: Low-impact aerobics and strength training class designed for older adults ... Wednesdays at 10 am ... \$5 per class or 20 classes for \$80 ... last class June 12

Outdoor Zumba Dance Fitness: Saturdays at 8:30 am at Centennial Park (Fern & Ocean) ... Mondays at 8:30 am beginning June 24 ... class open to ages 15 and up ... \$5 per class or 20 classes for \$80

Aqua Flow/Water Aerobics (at Von Savage Pool): Mondays, Wednesdays and Fridays at 9:30 am ... \$5 per class or 20 classes for \$80

Adult Cards: Tuesdays at 10 am (thru June 12)

Adult Mahjong: Mondays at 12 noon (thru June 10)

Pier Walking: 9:30 am to 3 pm Monday-Friday (thru June 14)

Pickleball: 9:30 am to 3 pm Monday-Friday (thru June 14)

3rd annual Crest Health Expo

THURSDAY, JUNE 20 – Crest Pier, 10 am-1 pm

FREE event featuring blood pressure screenings, cholesterol screenings, chiropractic care, healthy eating tips, fitness demonstrations & more. Health & wellness vendors also on hand. American Red Cross Blood Drive 10 am-3 pm. Call 523-0202 for more info.

Summer Basketball Registration

Crest Recreation will host leagues for grades 3-5 boys, grades 6-8 boys and high school boys ... league play begins in late June ... registration forms available ... deadline June 14 or whenever leagues are filled.

PIER PLAYMATES DAY CAMP

Open to children age 3 1/2 through entering grade 5, Pier Playmates Day Camp is the most popular day activities camp at the Jersey Shore. Activities include arts and crafts, games, sports, cooking, fitness programs, computers, field trips and more.

SESSION I – Wed., June 26-Tue., July 30 (5 weeks)

SESSION II – Wed., Aug. 31-Tue., Aug. 20 (3 weeks)

NOTE: CAMP IS SOLD OUT!!!

Call 523-0202 for more information

YOUTH BASKETBALL EVENTS

Games played at Crest Pier Recreation Center

June 8-9: Premier 1 Events Beach Bash

June 14-17: Scoop Taylor Summer Slam

June 22-23: Battle on the Boardwalk

(Admission charge for each tournament; gymnasium closed to open play during each event)

OPEN REC SCHEDULE

(Subject to change)

Monday: 3-6 pm grades 1-8; 6-9 pm high school/adults

Tuesday: 3-6 pm grades 1-8; 6-9 pm high school/adults

Wednesday: 3-6 pm grades 1-8; 6-9 pm HS/adults

Thursday: 3-6 pm grades 1-8; 6-9 pm high school/adults

Friday: 3-6 pm grades 1-8; 6-8 pm high school/adults

Saturday: 11 am-2 pm grades 1-8; 2-5 pm high school/adults (Island residents only)

Sunday: CLOSED

Note: No open rec during youth basketball events ... open rec schedule concludes Friday, June 14

CREST PIER FITNESS ROOM

Open to Crest residents only, ages 18 and older (patrons must register in office; hours subject to change)

Monday-Friday: 9:30 am-8 pm; **Saturday:** 9 am-4 pm

(Note: Fitness room closed for summer after June 14)

CREST PIER: 523-0202

VON SAVAGE POOL: 522-0084