

# Wildwood Crest Recreation Department

## June 2018 Activities

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### RECREATION PROGRAMS:

**Adult Fitness:** Aerobics/strength training program designed for men and women ages 50 and older ... Mondays, Tuesdays and Thursdays at 10:30 am ... \$5 per class or 20 classes for \$80 ... last class June 14

**Chair Fit:** Low-impact aerobics and strength training class designed for older adults ... Wednesdays at 10 am ... \$5 per class or 20 classes for \$80 ... last class June 13

**Outdoor Zumba Dance Fitness:** Saturdays at 8:30 am at Centennial Park (Fern & Ocean) beginning May 19 ... special Memorial Day holiday class on Monday, May 28, at 8:30 am ... class open to ages 15 and up ... \$5 per class or 20 classes for \$80

**Aqua Flow/Water Aerobics (at Von Savage Pool):** Mondays, Wednesdays and Fridays at 9:30 am ... \$5 per class or 20 classes for \$80

**Adult Cards:** Tuesdays at 10 am (thru June 12)

**Pier Walking:** 9:30 am to 3 pm Monday-Friday (thru June 15)

**Pickleball:** 9:30 am to 3 pm Monday-Friday (thru June 15)

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### 2nd annual Crest Health Expo

**THURSDAY, JUNE 21 – Crest Pier, 10 am-1 pm**

FREE event featuring mobile mammography unit, blood pressure screenings, cholesterol screenings, chiropractic care, healthy eating tips, fitness demonstrations & more. Health & wellness vendors also on hand.

Call 523-0202 for more info.

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### Summer Basketball Registration

Crest Recreation will host leagues for grades 3-5 boys, grades 6-8 boys and high school boys ... league play begins in late June ... registration forms available ... deadline June 15 or whenever leagues are filled.

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### PIER PLAYMATES DAY CAMP

Open to children age 3 1/2 through entering grade 5, Pier Playmates Day Camp is the most popular day activities camp at the Jersey Shore. Activities include arts and crafts, games, sports, cooking, fitness programs, computers, field trips and more.

**SESSION I – Wed., June 27-Tue., July 31 (5 weeks)**

**SESSION II – Wed., Aug. 1-Tue., Aug. 21 (3 weeks)**

**NOTE: CAMP IS SOLD OUT!!!**

Call 523-0202 for more information

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### YOUTH BASKETBALL EVENTS

**Games played at Crest Pier Recreation Center**

**June 9-10:** Premier 1 Events Beach Bash

**June 15-17:** Scoop Taylor Summer Slam

**June 23-24:** Battle on the Boardwalk

(Admission charge for each tournament; gymnasium closed to open play during each event)

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### OPEN REC SCHEDULE

(Subject to change)

**Monday:** 3-6 pm grades 1-8; 6-9 pm high school/adults

**Tuesday:** 3-6 pm grades 1-8; 6-9 pm high school/adults

**Wednesday:** 3-6 pm grades 1-8; 6-9 pm HS/adults

**Thursday:** 3-6 pm grades 1-8; 6-9 pm high school/adults

**Friday:** 3-6 pm grades 1-8; 6-8 pm high school/adults

**Saturday:** 11 am-2 pm grades 1-8; 2-5 pm high school/adults (Island residents only)

**Sunday:** CLOSED

**Note:** No open rec during youth basketball events ... open rec schedule concludes Friday, June 15

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### CREST PIER FITNESS ROOM

Open to Crest residents only, ages 18 and older (patrons must register in office; hours subject to change)

**Monday-Friday:** 9:30 am-8 pm; **Saturday:** 9 am-4 pm

(Note: Fitness room closed for summer after June 15)

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**CREST PIER: 523-0202**

**VON SAVAGE POOL: 522-0084**