

CAPE MAY COUNTY DEPARTMENT of HEALTH



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Cape May County Announces Opening of Drive-thru COVID-19 Testing Site for Cape May County Residents, by Appointment Only

Cape May Court House- Cape May County Department of Health and CompleteCare Health Network are partnering to open a drive-thru COVID-19 testing site. The drive-thru will be on consecutive Wednesdays starting April 22, **by appointment only**. At this time, testing will only be for CompleteCare patients, as well as Cape May County residents, who are sick with symptoms of fever, cough and shortness of breath and that meet a certain criteria. Symptomatic first responders who are residents of the county will also be given priority testing. In order to receive testing, individuals can go to CompleteCareNJ.org/COVID19 or call 609-465-0258 and request to be screened. **Web registration is the best.**

Process for scheduling an appointment for COVID-19 drive-thru testing is on CompleteCareNJ.org/COVID19.

If you are not a CompleteCare patient – obtain a script from your doctor. Once you have the script do the following: Go to **completecarenj.org website**

1. Read statement click I understand
2. Click request an appointment on right of screen
3. Complete requested information
4. Await call from CompleteCare staff to review symptoms
5. CompleteCare will forward script to Health Department
6. Health Department staff will call and schedule the appointment

The screenshot shows the 'Request An Appointment' page on the CompleteCare website. The page has a navigation menu with links for SERVICES, LOCATIONS, OUR PROVIDERS, ABOUT COMPLETECARE, INFORMATION FOR PATIENTS, REQUEST AN APPOINTMENT, and CONTACT US. The main heading is 'Request An Appointment'. Below the heading is a form with the following fields: Full Name (John Smith), Email (masked), Phone (masked), Date of Birth (masked), Are You a (Existing Patient / New Patient), Perferred Office Location (Cape May Court House - Medical Professionals), Reason for Visit (Telephone - COVID-19 Screening), and Preferred Provider (CompleteCare). There is a checkbox for 'Sign me up for CompleteCare's email newsletter' and a 'Submit Your Request' button.

“Most individuals have mild symptoms and are able to recover at home. If you can maintain your symptoms at home, we urge you to do so. Testing requires personal protective equipment, which we want to preserve for our first responders,” said Kevin Thomas, Health Officer.

The testing site is not being disclosed to protect the confidentiality and safety of our residents. The location of the testing site will be given to individuals who are approved for testing and have been explained the proper procedures. The testing site will be by appointment only to assure a timely and efficient flow.

If you feel that you should be tested visit [CompleteCareNJ.org/COVID19](https://www.completecarenj.org/COVID19) or call (609) 465-0258 and request an appointment to be screened by a provider. Once an individual is approved for testing a prescription will be electronically sent to Cape May County Department of Health, who will call the patient with an appointment time and location.

CompleteCare accepts Medicaid, Medicare, as well as private insurance plans and those without insurance. The test will be free of charge and no co-pay will be required for the screening. Translation services are available for those in need.

Cape May County Department of Health and CompleteCare Health Network will work to ensure people are informed of their results in a timely manner. There is no vaccine or treatment currently for COVID-19. The best thing to do is protect yourself. Steps to help prevent the spread of COVID-19 if you are sick include:

- **Stay home except to get medical care.** Most individuals with COVID-19 have mild illness and can recover at home without medical care. It is important that you do not leave your home, except to get medical care.
- **Stay in touch with your doctor. Call before** you get medical care. Make sure you to get care if you are having trouble breathing.
- **Monitor your symptoms.** Common symptoms include fever and cough. Trouble breathing is a more serious symptom that means you should get medical attention but **call first**.
- **Do not visit public places and avoid public transportation.**
- **Separate yourself from other people in your home, this is known as “home isolation”.** You want to stay away from others as much as possible. Create a “sick room” if possible.
- **Call your doctor ahead before visiting.** Many medical visits for routine care are being postponed or done by phone or telemedicine.
- **Cover your coughs and sneezes.**
- **Clean your hands often.** Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- **Avoid sharing personal household items.**
- **Clean all “high-touch” surfaces every day.**

CompleteCare is not testing patients for COVID-19 at its health centers. Do not come to any CompleteCare location or Cape May County Department of Health for testing. If symptoms worsen, individuals should immediately contact their healthcare provider. Be sure to call before going to any healthcare facility to assure they take the proper precautions.

Stay up to date on the current situation as it evolves. Some reliable sources are New Jersey Poison Information and Education System Hotline at 211 or 1-800-962-1253, Centers for Disease Control and Prevention at www.cdc.gov, World Health Organization at www.who.int, New Jersey Department of Health at www.nj.gov/health. **For additional information** visit Cape May County Department of Health at www.cmchealth.net and also like us on Facebook.

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