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## FOR IMMEDIATE RELEASE- DATE

### 7 Additional Covid-19 Cases Identified in Cape May County

Cape May Court House- New Jersey has become the second leading state in the United States with 18,696 total COVID-19 cases and 267 deaths. Today, a 26-year-old male, 51-year-old male, 18-year-old female, 67-year-old female, 76-year-old female, 77-year-old male, and a 29-year-old male all tested positive for Covis-19.

<u>MUNICIPALITY</u>	<u>ACTIVE CASES</u>	<u>RECOVERED</u>
AVALON	2	1
CAPE MAY CITY	3	
CAPE MAY POINT	0	
DENNIS TOWNSHIP	3	
LOWER TOWNSHIP	6	1
MIDDLE TOWNSHIP	2	1
NORTH WILDWOOD	1	
OCEAN CITY	0	1
SEA ISLE CITY	1	
STONE HARBOR	0	
UPPER TOWNSHIP	0	1
WEST CAPE MAY	0	
WEST WILDWOOD	0	
WILDWOOD	2	
WILDWOOD CREST	1	
WOODBINE	0	
<b>TOTAL ACTIVE</b>	<b>21</b>	
<b>TOTAL RECOVERED</b>		<b>5</b>
<b>TOTAL CASES IN CAPE MAY COUNTY</b>	<b>26</b>	

“There is no treatment at this time for COVID-19, which makes prevention even more important. The best way to prevent COVID-19 is by avoiding exposure and continue with social distancing measures. Refraining from non-essential domestic travel can help prevent the spread of COVID-19,” said Kevin Thomas, Health Officer.

The Centers for Disease and Control identifies those at high-risk for severe illness from COVID-19 include:

- People aged 65 years and older
- People who live in a nursing home or long-term care facility
- Other high-risk conditions could include:
  - People with chronic lung disease or moderate to severe asthma
  - People who have serious heart conditions
  - People who are immunocompromised including cancer treatment
  - People of any age with severe obesity (body mass index [BMI]  $\geq 40$ ) or certain underlying medical conditions, particularly if not well controlled, such as those with diabetes, renal failure, or liver disease might also be at risk
- People who are pregnant should be monitored since they are known to be at risk with severe viral illness, however, to date data on COVID-19 has not shown increased risk

Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications

What can you do, especially if you are at higher risk if severe illness?

- **Stay home.**
- **Wash your hands** often.
- **Avoid close contact** (6 feet, which is about two arm lengths) with people who are sick.
- **Clean and disinfect** frequently touched services.
- **Avoid all cruise travel** and non-essential air travel.

**Call your healthcare professional if you have concerns** about COVID-19. Stay up to date on the current situation as it evolves. Some reliable sources are New Jersey Poison Information and Education System hotline at 211 or 1-800-962-1253, the Centers for Disease Control and Prevention at [www.cdc.gov](http://www.cdc.gov), the World Health Organization at [www.who.int](http://www.who.int), the New Jersey Department of Health at [COVID19.nj.gov](http://COVID19.nj.gov). **For additional information** visit Cape May County Department of Health at [www.cmchealth.net](http://www.cmchealth.net), also like us on Facebook.

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