

# Wildwood Crest Recreation Department

## April 2019 Activities

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### RECREATION PROGRAMS:

**Gymnastics/Dance:** Open to boys and girls age 3 through grade 6 ... classes held Monday afternoon/evening ... Fee \$50 for 8 sessions

**Adult Fitness:** Aerobics/strength training program designed for men and women ages 50 and older ... Mondays, Tuesdays and Thursdays at 10:30 am ... \$5 per class or 20 classes for \$80

**Weight Training:** Low-impact aerobics and strength training class designed for older adults ... Wednesdays at 10 am ... \$5 per class or 20 classes for \$80

**Zumba Dance Fitness:** Saturdays at 9 am ... class open to ages 15 and up ... \$5 per class or 20 classes for \$80

**Adult Yoga:** Mondays at 6 pm ... class open to all levels, from beginner to advanced ... \$5 per class or 20 classes for \$80

**Aqua Flow/Water Aerobics (at Von Savage Pool):** Mondays, Wednesdays and Fridays at 9:30 am ... \$5 per class or 20 classes for \$80 ... no class April 19

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### Health & Wellness Lecture Series

**Wednesdays at 6 pm** (no lecture April 24)  
Series of lectures by health professionals on a variety of topics each Wednesday through May 8. Log on to the borough website at [wildwoodcrest.org](http://wildwoodcrest.org) for more info

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### Mayor's Wellness Walk

**SATURDAY, APRIL 6 – 9 am**

Family walk/fun run along Wildwood Crest Bike Path with Mayor Don Cabrera and other local officials. Participants should arrive at Crest Pier no later than 8:45 am. Free T-shirts to first 125 registrants.

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**CREST PIER: 523-0202**

**VON SAVAGE POOL: 522-0084**

### PIER PLAYMATES DAY CAMP

**Registration for new campers begins Monday, April 15**

Open to children age 3 1/2 through entering grade 5, Pier Playmates Day Camp is the most popular day activities camp at the Jersey Shore. Activities include arts and crafts, games, sports, cooking, fitness programs, computers, field trips and more.

**SESSION I – Wed., June 26-Tue., July 30 (5 weeks)**

**SESSION II – Wed., July 31-Tue., Aug. 20 (3 weeks)**

Parents/guardians of all new campers must call to make a registration appointment beginning April 15 at 5:30 pm. Space is VERY limited!

Call 523-0202 for more information

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### MEETINGS

**Tourism Commission:** Wednesday, April 10 at 4 pm

**Recreation Commission:** Wednesday, April 10 at 5 pm

**AARP:** Thursday, April 11 at 11 am

**Book Club:** Tuesday, April 16 at 12 noon

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### OPEN REC SCHEDULE

(Subject to change)

**Monday:** 3-6 pm grades 1-8; 6-9 pm high school/adults

**Tuesday:** 3-6 pm grades 1-8; 6-9 pm high school/adults

**Wednesday:** 3-6 pm grades 1-8; 6-9 pm HS/adults

**Thursday:** 3-6 pm grades 1-8; 6-9 pm high school/adults

**Friday:** 3-6 pm grades 1-8; 6-8 pm high school/adults

**Saturday:** 11 am-2 pm grades 1-8; 2-5 pm high school/adults (Island residents only)

**Sunday:** 12 noon-5 pm – Family open rec; children must be accompanied by an adult (CLOSED April 21-Easter)

**Note:** Good Friday holiday (Friday, April 19) will follow Saturday schedule

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### CREST PIER FITNESS ROOM

Open to Crest residents only, ages 18 and older (patrons must register in office; hours subject to change)

**Monday-Friday:** 9:30 am-8 pm

**Saturday:** 9 am-4 pm

**Sunday:** 12 noon-4 pm (closed April 21-Easter)