



Joseph Von Savage Memorial Pool
8800 New Jersey Avenue
Wildwood Crest, NJ 08260
(609)-522-0084

November 2024 - February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 - 8 AM: PREMIUM Member ONLY LAP SWIM	5 - 8 AM: PREMIUM Member ONLY LAP SWIM	5 - 8 AM: PREMIUM Member ONLY LAP SWIM	5 - 8 AM: PREMIUM Member ONLY LAP SWIM	5 - 8 AM: PREMIUM Member ONLY LAP SWIM	8 - 9 AM: Masters Swim *Double Check with Staff*	
9:30 - 2:30: Adult Fitness & Adult Lap Swim	9:30 - 2: Adult Fitness, Lap Swim, and Parent/Child Swim Time	9:30 - 2:30: Adult Fitness & Adult Lap Swim	9:30 - 2: Adult Fitness, Lap Swim, and Parent/Child Swim Time	9:30 - 2:30: Adult Fitness & Adult Lap Swim	9 - 11: Dolphin Swim Team Practice	12 - 3: Members Only Lap Swim
2:45 - 4: Wildwood Catholic HS Swim Team	2 - 2:30: Aqua Strong Workout Class	2:45 - 4: Wildwood Catholic HS Swim Team	2 - 2:30: Aqua Strong Workout Class	2:45 - 4: Wildwood Catholic HS Swim Team	11 - 2: Adult Fitness & Lap Swim	
4 - 7: Dolphin Swim Team Practice	2:45 - 4: Wildwood Catholic HS Swim Team	4 - 7: Dolphin Swim Team Practice	2:45 - 4: Wildwood Catholic HS Swim Team	4 - 7: Dolphin Swim Team Practice	2 - 5: Open Swim	
7 - 8:30: Open Swim	4 - 7: Dolphin Swim Team Practice 7 - 8: Masters Swim: Lanes 4 - 6, Lap Swim: Lanes 1 - 3	7 - 8:30: Open Swim	4 - 7: Dolphin Swim Team Practice 7 - 8: Masters Swim: Lanes 4 - 6, Lap Swim: Lanes 1 - 3	7 - 8:30: Open Swim	<div style="border: 2px solid blue; padding: 10px;"> <p>Daily Rate Info: Adults: \$8 Seniors & Children: \$6</p> <p>"10 Punch" Punch Card: \$70</p> <p>"10 Punch AM Card" Punch Card: \$90</p> </div>	

Aqua Flow is making some adjustments this Winter and turning into Aqua Strong!
This water workout class will utilize water weights, noodles, and pool equipment to engage strength training and creating greater flexibility with various muscle groups through aquatic therapeutic exercises.

Class is \$5 or purchase a class punch card for \$80.

We ask that all swimmers be ready to exit the building at the time listed on the schedule above. Please consider locker room and shower time before your departure.

****This schedule is subject to change without notice due to unforeseen circumstances****