

# Wildwood Crest Recreation Department

## October 2023 Activities

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### RECREATION PROGRAMS:

**Adult Fitness:** Aerobics/strength training program designed for older adults ... Mondays, Tuesdays and Thursdays at 10 am ... \$5 per class or 20 classes for \$80 ... classes begin Oct. 10

**Walking Wednesdays:** Wednesdays at 9 am ... Free 30-minute walking/light aerobics class for all ages ... classes begin Oct. 11

**Warrior Fight and Flow (NEW!):** Wednesdays at 6 pm beginning Oct. 25 ... interval training class focusing on aerobics, core, power and strength ... \$5 per class or 20 classes for \$80

**Pier Walking:** 9:30 am-3 pm Monday through Friday

**Adult Pickleball:** 9:30 am-3 pm Monday through Friday

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### Fall Borough-Wide Yard Sale

**SATURDAY, OCT. 7 – 8 am-4 pm**

Dozens of sale locations around the borough ... list of sale locations available by Wednesday, Oct. 4 at Crest Pier, the Crest Arts Pavilion, Borough Hall and The Hardware Store ... call 609-523-0202 for more info.

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### MEETINGS

**Civic Club:** Tuesday, Oct 3 (at Crest Arts Pavilion)

**Tourism Commission:** Wednesday, Oct. 11 at 4 pm

**Recreation Commission:** Wednesday, Oct. 11 at 5 pm

**AARP:** Thursday, Oct. 12, at 11 am

**Book Club:** Tuesday, Oct. 24 at 12 noon (at Crest Arts Pavilion)

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### Children's Art Craft Workshop

Wednesdays at 3:30 pm through Oct. 18 at Crest Arts Pavilion ... open to children ages 8-11

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**CREST PIER: 523-0202**

**VON SAVAGE POOL: 522-0084**

### CREST PIER GAME ROOM

Crest Pier/John Pantalone Game Room

Game room open during all open recreation hours for island residents... pool, air hockey, other tables games, Xbox & Wii games, television, lounge area ... schedule subject to change

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### OPEN REC SCHEDULE

**(Begins Monday, Oct. 2; hours subject to change)**

**Monday-Thursday:** 3-6 pm grades 1-8; 6-9 pm high school/adults

**Friday:** 3-6 pm grades 1-8; 6-8 pm high school/adults

**Saturday:** 11 am-2 pm grades 1-8; 2-5 pm high school/adults (Island residents only)

**Sunday:** CLOSED ... Sunday family open rec returns soon

**Note:** Gymnasium also open for adults 8:30 am-3 pm Monday-Friday ... open rec schedule subject to change

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### Columbus Day open rec schedule

**MONDAY, OCTOBER 9**

Saturday open rec schedule

Fitness Room open 9 am to 4:30 pm

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### Wildwood Islanders Basketball

Coming soon! ... teams for boys in grades 3-4, 5-6, 7-8 ... teams play in South Shore Basketball League and compete in tournaments ... tryout information to be released in early November ... open to island residents only ... (for info on South Shore girls basketball, call North Wildwood Recreation at 522-2955)

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### CREST PIER FITNESS ROOM

Open to Crest residents only, ages 18 and older ... free of charge, but patrons must register in advance ... appointments must be made in advance and no more than three days ahead of intended use ... no more than three people in fitness room at one time

**Monday-Friday:** 8:30 am-7 pm

**Saturday:** 9 am-4:30 pm

**Note:** Schedule subject to change

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