



FOR IMMEDIATE RELEASE

Wednesday, April 4, 2018

### **Wildwood Crest to host ‘Wellness Weekend’ April 13-14**

WILDWOOD CREST – The Borough of Wildwood Crest will host a “Wellness Weekend” on Friday, April 13, and Saturday, April 14, to kick off its new Mayor’s Wellness Campaign. The weekend’s activities are scheduled to begin Friday, April 13, with a series of fun basketball games among teams made up of borough employees representing different departments within the borough. Games will begin at 5:30 p.m. at the Crest Pier Recreation Center at Heather Road and Ocean Avenue. Admission is free.

On Saturday, April 14, Wildwood Crest mayor Don Cabrera, commissioners Joyce Gould and David Thompson and members of the borough’s newly-established Wellness Committee will host a walk/fun run along the Wildwood Crest bike path at 9 a.m. The walk/fun run is free and is open to the public. Those interested should gather at the Crest Pier Recreation Center no later than 8:45 a.m. Free T-shirts will be distributed to the first 125 registrants. Free refreshments will be served at Crest Pier following the walk/fun run.

“We’re very excited to host this ‘Wellness Weekend’ event to help kick off our Mayor’s Wellness Campaign,” Cabrera said. “We hope the public will come join us for what is sure to be a fun weekend of activities promoting health and wellness among our residents, visitors and employees.”

For more information about Wildwood Crest’s Wellness Weekend, contact Wellness Committee coordinator Nicholas Holland of the Wildwood Crest Recreation Department by phone at (609) 523-0202 or via email at [nholland@wildwoodcrest.org](mailto:nholland@wildwoodcrest.org).

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